



# CHILD CARE & DEVELOPMENT COUNCIL OF OSWEGO COUNTY



317 West 1<sup>st</sup> Street, Suite 111, Oswego, NY 13126

## A Division of:

Quarterly Newsletter ~ Fall 2019 (*September, October, November*)



Integrated Community Planning  
of Oswego County, Inc.

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### Specialist/Registrar

Stephanie Keltz

### Health Care Consultant

Laurie Tice

### Office Hours:

M-F 8:30AM-4:30PM

(315) 343-2344

Or toll free at:

866-886-2344

Visit us at:

[www.icpoc.org](http://www.icpoc.org)

For information on  
regulations about child  
care contact NYS OCFS at

[www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)

Dear Providers,

As you may already know, federally mandated comprehensive background check screening requirements will become effective on September 16<sup>th</sup> 2019. The NYS Office of Children and Family Services (OCFS) is developing an implementation schedule for existing and currently cleared staff to complete this screening process. The Child Care & Development Council (CCDC) is also participating in trainings to prepare us to best guide you through this transition and adhere to the schedule upon its release.

We fully support the intent of these additional clearances to enhance the well-being and safety of children in care. Quality improvement efforts such as this directly affect outcomes for countless children across the U.S.. High quality early childhood settings are especially vital for a child's earliest years, as research indicates that these experiences play a critical role in the development of brain wiring that lays the foundation for all future learning.

In addition, the CCDC is seeking to impact the economic security of local working families via a grant from the Richard S. Shineman Foundation. This pilot project focuses on partnering with Providers to increase the availability of child care for infants/toddlers and during nontraditional hours as well as helping parents access care through the provision of enhanced referrals and linkages to child care subsidies. If you are interested in expanding your program to address any of these areas of focus, please contact our offices to learn more about this opportunity.

As always, the staff of the CCDC is available to assist you with technical assistance/trainings around these transitions and opportunities. We look forward to working collaboratively to ensure that Oswego County parents can EARN while children LEARN.

Warmest Regards,

Christina



**Upcoming Holidays:****Closed**

Monday - September 2  
Thursday - November 28  
Friday - November 29

**Staff Development:**

Tuesday - September 17  
Noon-4:30pm  
Tuesday - October 15  
9:30-11:30am  
Tuesday - November 26  
All Day



New extensions for the following child Care staff:

Amy Metz: x23  
Laurie Tice: x21  
Erica Ward: x10

Effective:  
9/9/2019

**Registrars Corner –**

Behavior Management Update! Just a reminder that Time-Out should never be used with daycare children! It is never appropriate! Please be sure to update your behavior management policies if you include Time-Out. Giving children time to cool-off or wind down is important but it needs to be clearly explained in writing how you will approach it, including how you will maintain supervision of all children in your care!

Changes to your program! If you have had any changes to your program this summer, including staffing, physical changes to the building, program changes, change in hours, or household members – regulations state that your registrar or licensor **MUST** be contacted prior to the change! Some changes must be approved before you can operate your daycare! Be sure to get in touch with your regulator!

**Welcome Erica!!**

Erica Ward will be joining the Child Care & Development Council staff as a Registrar starting September 9. Erica was formerly the Lead Community Engagement Coordinator for the Tobacco Free Network at ICP. Erica has eight years of experience working in non-profit human services, has a Bachelor's of Science in Sociology from Buffalo State College as well as her Family Development Credential from the University of Connecticut. Erica is looking forward to working with and supporting child care providers in her new role at ICP.

Erica.Ward@dfa.state.ny.us

**\*\*ATTENTION\*\*****OCFS Update:**

In the near future, the background checks as federally required through the Child Care Development Block Grant (CCDBG) will need to be implemented.

As a result of the comprehensive background check screening requirements, it is more important than ever that child care programs' active staff list be current. Please review your active staff list now and expunge anyone who is not actively working in your program. Programs may submit the OCFS-4622 Notice To Expunge Associated Fingerprint Card form to their regulator via mail or fax.

Upon implementation of the federally required background checks, the state will no longer support the current fingerprint waiver process. This means staff will no longer be able to have their fingerprints "waived" into new programs until they complete the comprehensive background check screening process. It is important that you are aware that all new hires and current employees who you anticipate will work in multiple sites should contact us now so that their fingerprints can be waived into these locations before implementation begins.

Have questions? Contact your registrar or licensor for assistance.

*As we ease back into Autumn, here is a classic, healthy kid-friendly recipe:*

## Alphabet Soup

### Ingredients

2 tablespoons extra-virgin olive oil  
 1 cup chopped carrot  
 1 cup chopped onion  
 1 cup chopped green beans ( 1/2-inch pieces)  
 2 cloves garlic, minced  
 4 cups low-sodium chicken broth or "no-chicken" broth  
 1 (15 ounce) can petite diced tomatoes  
 4 ounces alphabet-shaped pasta or other fun shape  
 1/2 teaspoon salt  
 1/4 teaspoon ground pepper  
 2 tablespoons grated Parmesan cheese



*\*Note: Feel free to modify the recipe to meet CACFP requirements for components by changing to whole wheat pasta, adding other varieties of vegetables, or adding chicken. Be sure to check quantities of each component to meet required amounts.*

### Directions

Heat oil in a large pot over medium-high heat. Add carrot, onion, green beans and garlic. Cook, stirring, until fragrant and beginning to soften, 2 to 4 minutes. Add broth and tomatoes. Bring to a boil. Stir in pasta. Reduce heat to a simmer. Cover and cook, stirring occasionally, until the pasta and vegetables are tender; 8 to 10 minutes. Season with salt and pepper. Garnish each serving with 1 1/2 teaspoons Parmesan.

*Recipe courtesy of eatingwell.com.*



## CACFP Reimbursement Rates:

The USDA has released the [CACFP reimbursement rates](#) for 2019-2020. Rates are effective from July 1, 2019 through June 30, 2020. Family and Group Family Child Care Homes will recognize a slight increase in the reimbursement rate of each meal and snack served.

Breakfast		Lunch and Supper		Supplement (Snack)	
Tier 1	Tier 2	Tier 1	Tier 2	Tier 1	Tier 2
\$1.33	\$0.48	\$2.49	\$1.50	\$0.74	\$0.20

\* Reminder: The CACFP program renewal through the New York State Department of Health for sponsoring agencies including ICP takes place in the fall. As a result of the renewal process, there can be a delay in the reimbursement for the October claim.



### ***Happy Retirement Donna!***

After 21 years as Bookkeeper/Office Manager for ICP, Donna Shaddak is retiring. Donna's dedication and hard work have been invaluable to the agency and she will be missed.

Jennifer Edick, formerly of the Tobacco Free Network for ICP, will be assuming some of the responsibilities for this position while some will be outsourced. Please bear with us through this transitional phase.

We wish Donna the best in her retirement!

### ***BACK TO SCHOOL TRAFFIC SAFETY***

With the school year fast approaching there are many things to take into consideration when going out on the road whether it be to drive, walk or bike. School zone speed limits will be enforced by your local

municipality so be sure to drive slow in these areas as children, teachers and parents will frequently be crossing the streets in these areas.



Remember that pedestrians have the right of way on the road and you are required to stop and allow them to proceed across the street whether there is a crossing guard or not. Since 2016 in Oswego County there have been 82 pedestrian related incidents which have resulted in 5 fatalities according to the NYS records. Many school zones have speed limits that are reduced to 15-20mph to ensure everyone's safety.

You may wonder with these issues what are some things you might be able to do as a pedestrian to help stay safe while out on the streets. See a list below of some things you may want to do.

- \* Always cross at a designated cross walk and not between cars or the middle of the road
- \* Look left, look right then look left again before crossing
- \* Listen as well as look before you cross the street
- \* Do not use earbuds and music while crossing/ do not be distracted!
- \* If walking at dusk or dawn wear light colored clothing so you are more easily visible
- \* Whenever possible walk on the sidewalk or designated walking area/ if not possible walk against the flow of traffic
- \* Be a good role model for your little ones when crossing yourself!



There is a new law taking effect this school year in NYS that allows districts to place cameras on school bus stop arms. These cameras will take a photo of the car passing illegally and a ticket will be issued based on the evidence from the camera and sent to the person who committed the infraction. There is a serious safety issue when cars pass busses illegally, putting children at risk daily. According to NYS it is estimated that over 150,000 illegal school bus passes occur EVERY school year in our state alone. This new law will include a \$250 dollar fine for the first offense, \$275 fine for the second offense and a \$300 fine for the third and each subsequent offense.





## Red Leaf, Yellow Leaf Sorting Activity

### Supplies Needed

- Fall leaves (real or artificial)
- Brown construction paper
- White construction paper
- Dot stickers that match the leaf colors used (or use a construction paper circle instead)

### Setting Up the Activity

- Draw a tree with no leaves on brown construction paper and cut it out.
- Glue the tree to a white piece of construction paper.
- Place a dot sticker or construction paper circle on the tree trunk.
- Gather leaves that match each sorting tree you have made and put them all together in a pile.
- If you would like to use this in a math center, laminate the tree or place it in a dry-erase sleeve for durability.



Mom Inspired Life for pre-kpages.com



### Here are some additional questions to ask:

- Which tree has the most leaves?
- Which tree has the least leaves?
- Do any of the trees have the same amount of leaves? Let's count and see.
- How many leaves are on the \_\_\_\_ tree?
- Which color is your favorite?

Students can even vote on their favorite fall colors and you can graph the class results. Or you can count the leaves on each tree and graph the results with the class.

This simple fall math activity can be done with only red leaves and yellow leaves or add other colors like orange, brown, and green too. It is self-correcting so it would be a fantastic choice for a math center.

### Upcoming Safety Events and Opportunities:

9/3- @ Oswego Health Dept 12:30-3:30 back to school vaccinations and helmets for the first 50 kids

9/7- Car Seat Check Event held by the Oswego County Traffic Safety Board in partnership with the Oswego Elks Lodge. Runs from 12-2pm at the Oswego Elks Lodge

9/21- Car Seat Check Event held by the Oswego County Traffic Safety Board in partnership with the Oswego Lowes. Runs from 10am-2pm at the Oswego Lowes



10/2- National Walk to School Day, participating schools are Riley and Kingsford, walking students will be administrators, teachers, officers, firefighters, Mayor Barlow, Chief DeCaire, Chief Griffin and more! Check back for walking routes soon.

## *Reading Aloud for Knowledge Development*

The single most important activity for building knowledge required for success in reading is reading aloud to children (Anderson et al. 1985, 23). Effective read alouds include quality interactions between the reader and the child(ren). Encourage children to be active participants and listeners during the reading. While the children are hearing the full story, engage them in routines that will help them expand their vocabulary, letter/sound knowledge, and thinking skills.

Routines can include:

- New vocabulary
- Concepts about books and print
- Open-ended, thought-provoking questions
- Summarizing
- Letter/Sound activities



Making storytime fun AND meaningful ensures children are further developing their literacy and language skills.

Adapted from: Horst, Stewart, True. "Joyful Learning with Stories: Making the Most of Read Alouds". *Young Children*, March 2019. Vol. 74, No. 1

*Healthy  
Highways*

## It's that time of year again! Join us for **SUPER SATURDAY!**

8 HOURS of Training  
All 9 Topic Areas

Open to providers of all modalities of day care

*school-age  
break out  
session*

*infant/toddler  
break out  
session*

**September 28, 2019**  
8:45 am – 5:00 pm  
**Oswego County Health Department  
Conference Room**

This year's line-up includes:  
*Oswego City Police Department*  
*Oswego County Child Protective Services*  
*Center for Instruction, Technology & Innovation (CITI)*  
And more!

*active shooter or  
dangerous persons  
situation*

*literacy  
curriculum*

**Don't miss it! Register TODAY!**

**\$70 registration fee includes 8 hours of training,  
lunch and refreshments,  
and takeaway items.**

*Circle of  
Security*

OCFS Training Topic Area Key	<ol style="list-style-type: none"> <li>1. Principles of child development, focusing on the developmental stages of the age groups for which the program provides care</li> <li>2. Nutrition and health needs of infants and children</li> <li>3. Child day care program development</li> <li>4. Safety and security procedures</li> <li>5. Business record maintenance and management</li> <li>6. Child abuse and maltreatment identification and prevention</li> <li>7. Statutes and regulations pertaining to child day care</li> <li>8. Statutes and regulations pertaining to child abuse and maltreatment</li> <li>9. Education and information on the identification, diagnosis and prevention of shaken baby syndrome</li> </ol>
CDA Subject Area Key	<ol style="list-style-type: none"> <li>1. Planning a safe, healthy learning environment</li> <li>2. Steps to advance children's physical and intellectual development</li> <li>3. Positive ways to support children's social and emotional development</li> <li>4. Strategies to establish productive relationship with families</li> <li>5. Strategies to manage an effective program operation</li> <li>6. Maintaining a commitment to professionalism</li> <li>7. Observing and recording children's behaviors</li> <li>8. Principles of child development and learning</li> </ol>
Anytime!	<p>These eight <b><i>free online trainings</i></b> count toward the 30 hours of required training for any provider or day care employee. A certificate will print out when you have completed a course.</p> <p>Register at <a href="http://www.ecetp.pdp.albany.edu">http://www.ecetp.pdp.albany.edu</a></p> <ol style="list-style-type: none"> <li>1. <b>Preventing Shaken Baby Syndrome (1 hr)</b></li> <li>2. <b>Preventing Sudden Infant Death Syndrome and Promoting Safe Sleeping (1 hr)</b></li> <li>3. <b>Keeping Children Safe: Prevention of Lead Poisoning &amp; Other Dangers to Children (1.5 hrs)</b></li> <li>4. <b>Transportation (2 hrs)</b></li> <li>5. <b>Managing Challenging Behavior: Birth to 18 Months (1.5 hrs)</b></li> <li>6. <b>Obesity Prevention (2hrs)</b></li> <li>7. <b>Emergency Preparedness (1.5 hrs)</b></li> <li>8. <b>Infant Brain Development</b></li> </ol> <p>Register at <a href="http://www.nysmandatedreporter.org/default2.html">www.nysmandatedreporter.org/default2.html</a></p> <ul style="list-style-type: none"> <li>• <b>Mandated Reporter Training in Child Abuse &amp; Neglect/Maltreatment Identification (2 hrs)</b></li> </ul> <p><i>A listing of other approved online trainings may be accessed at <a href="http://ecetp.pdp.albany.edu/ocfsdlc.shtm">http://ecetp.pdp.albany.edu/ocfsdlc.shtm</a></i></p>

### September 2019

9/24/2019 5:30-8:30PM	<b>CPR/First Aid</b> <b>Laurie Tice, RN</b> <b>Fee: \$60</b>	<b>OCFS Topics: 2,4</b> <b>CEU: 0</b>
	This American Heart Association training includes infant, children, and adult CPR and First Aid. You will earn a 2-year certification upon completion.	
9/28/2019 8:45AM-4:45PM	<b>Super Saturday</b> <b>Multiple Presenters</b> <b>\$70.00</b>	<b>OCFS Topics: ALL</b> <b>CEU: 0</b>
	Join us for a full day of training and earn a certificate for 8 hours of training covering all 9 OCFS topic areas. The agenda includes a variety of guest presenters and interactive sessions to take you through your day. This training is intended for all modalities with a breakout session for SACC providers. Lunch and refreshments will be provided. <i>Note: This training will take place in the large conference room at the Oswego County Health Department at 70 Bunner Street, Oswego.</i>	

## October 2019

10/30/2019 6:30-8:30PM	<b>CACFP Renewal</b> <b>Stephanie Keltz</b> <b>Fee: Free</b>	<b>OCFS Topics: 2, 3, 5</b> <b>CEU: 0</b>
	Reminder: Currently participating CACFP providers must attend a CACFP Renewal training once a year to continue on the program. Please check the date of your last CACFP Renewal training certificate to determine if you are due to attend. This Renewal training is for <b>CACFP participating providers only</b> .	
10/12/2019 10:00AM-12:00PM	<b>Files, Forms, and Paperwork</b> <b>Amy Metz</b> <b>Fee: \$10</b>	<b>OCFS Topics: 3, 4, 5, 7</b> <b>CDA Subject Areas:</b> <b>CEU: 0</b>
	Join us for a night centered around all the glorious paperwork involved with running a childcare facility from a registrar who used to be in your shoes and knows the struggle between limited time, regulatory requirements, and supervising the kids all at the same time. This interactive training will focus on FDC paperwork and will cover requirements for SACC, GFDC, and Centers. We will take a look at business paperwork, enrollment forms children's files, and staff paperwork. <b><i>Bring a sampling of your files</i></b> and get the chance to hear how others organize the chaos and the new forms OCFS has released.	

## November 2019

11/6/2019 6:45-9:15PM	<b>SUNY Webcast - Town Hall Meeting: Child Abuse and Maltreatment</b> <b>*Register at <a href="http://www.tsg.suny.edu">www.tsg.suny.edu</a></b>	<b>OCFS Topics: 4, 6, 8</b> <b>CEU: .25</b>
	As a Mandated Reporter you are required, by law, to report cases of suspected child abuse or maltreatment to the Statewide Central Register (SCR). When acting in your professional capacity, you must report situations you encounter both in and outside your program. Knowing when to make that call can be a difficult decision, and certainty about what happens next may make it seem more intimidating. During this Webcast, you'll join experts in the field to analyze dramatized case studies. Panelists will explain their role in the reporting process and what you can expect, provide you with guidance on making the call, and review what happens during an investigation.	
Available Upon Request	<b>CACFP Orientation</b> <b>Stephanie Keltz</b> <b>Free</b>	<b>OCFS Topics: 2, 4, 5, 7</b> <b>CEU: 0</b>
	Are you interested in a program that will reimburse healthy meals and snacks served in your child care program? This training is for providers who would like to participate in the Child and Adult Care Food Program, or would like information about taking part in the program. Attending does not obligate you to sign up for CACFP. Contact Stephanie at 315-343-2344 x24 for more information.	

### Health and Safety for Directors

**Presenter: Amy Metz**

Wednesdays from 10:30am-3pm

10/30, 11/6, 11/13, 11/20

To register visit:

<https://www.ecetp.pdp.albany.edu/mytraining/roster/RosterReg.aspx?TrainingID=24914>

Location: ICP - 317 West 1st Street, Oswego



## IMPORTANT TRAINING POLICY REMINDER

*(this does not include SUNY Video Conferences)*

- **Pre-Registration** *Payment and registration form must be received at least 5 business days prior to the date of your workshop(s).* Please fill out a registration form for each person. We accept payment by check, money order, or signed EIP award. We also accept cash if you register in person at our office. Registrations **are not** accepted without payment.
- **Late Registration and Walk-in** Payments **will not** be accepted at the door. You may be asked to wait to be certain there is space available and then you will register as a walk-in. You will be invoiced for the training and a \$3 walk-in fee will be included. Your training certificate will be mailed after receipt of payment.
- **Refunds** in the form of coupons for future trainings are granted for cancellations made at least 3 business days prior to the training date. **Please note**, we are not able to refund fees for CPR and First Aid classes even with 3 days notice as seating is limited and demand is high. If you wish to cancel 3 days prior to a training, please call Donna at 343-2344, extension 18. If there are extenuating circumstances to be considered, you may contact the Executive Director at extension 19.

### TRAINING REGISTRATION

1. **Select trainings:** Review the trainings listed in this newsletter. Select the trainings you wish to attend and check the appropriate box. Complete the form at the bottom of the page.
2. **Make payment:** Before returning this registration form to the Child Care & Development Council, be sure to enclose the appropriate payment. **Checks should be made to: ICP of Oswego County, Inc.** You must return this registration form even for the workshops listed as "Free."
3. **Mail completed form:** You will only be registered for classes with our receipt of this form & payment.

	<u>Date</u>	<u>Class</u>	<u>Fee</u>
___	9/24	CPR/First Aid	\$60.00
___	9/28	Super Saturday	\$70.00
___	10/12	Files, Forms & Paperwork	\$10.00
___	10/30	CACFP Renewal	Free

**\*\*\*\*Please note that we will be adhering to the above training registration policy regarding the deadline for receipt of registration form and payment where applicable. Late registrations will not be accepted.\*\*\*\***

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Center: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Total amount enclosed: \_\_\_\_\_

Type of Care;

Legally Exempt ☐ Family Day Care ☐ Group Family Day Care ☐ Child Care Center ☐ SACC ☐

Mail form and payment to: **Child Care & Development Council**  
**317 West First St., Suite 111, Oswego, NY 13126**

# Child Care & Development Council

*"Your Local Resource as They Grow"*



Office Hours: Monday – Friday 8:30am – 4:30pm

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**A Division Of:**



Integrated Community Planning  
of Oswego County, Inc.

Child Care & Development Council of Oswego County  
317 West First Street, Suite 111  
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