



# CHILD CARE & DEVELOPMENT COUNCIL OF OSWEGO COUNTY



317 West 1<sup>st</sup> Street, Suite 111, Oswego, NY 13126

## A Division of:

Quarterly Newsletter ~ Winter 2019-2020 (December, January, February)



Integrated Community Planning  
of Oswego County, Inc.

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Pam Ouderkirk

## CACFP Specialist

Stephanie Keltz

## Health Care Consultant

Laurie Tice

## Office Hours:

M-F 8:30AM-4:30PM

(315) 343-2344

Or toll free at:

866 886 2344

Visit us at:

[www.icpoc.org](http://www.icpoc.org)

For information on  
regulations about child  
care contact NYS OCFS at

[www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)

*Dear Providers,*

*As you were made aware in the September 13, 2019 Office of Children and Family Services letter to providers, the new comprehensive background check requirements went into effect for existing providers on October 1, 2019. While we recognize that the implementation process has not been seamless, we will continue to offer any guidance and assistance that we can.*

*OCFS has made resources available on its website, <https://ocfs.ny.gov/main/childcare/>. As you can see in the screenshot below, there is a video, a presentation, and Frequently Asked Questions to provide clarification. In addition, on the left, there is a "Forms" option where you can access forms needed, including the 6000 series for the background check.*

[Info for Providers](#)

[Become a Child Care  
Provider](#)

[Training Home Page](#)

[Advantage After School](#)

[Empire State After-School](#)

[Local Departments of Social  
Services](#)

[Regulations/Policies/Law](#)

[Forms](#)

[Publications](#)

[Plans & Reports](#)

[Child Care Subsidy Program](#)

[QUALITYstarsNY](#)

[Public Presentations](#)

[Aggregate Data](#)

## Comprehensive Background Clearance Information

### Videos

Comprehensive Background Clearance Requirements videos:

- [Video for Licensed/Registered Child Care Providers](#)
- [Video for Legally-Exempt Child Care Providers](#)

[Licensed/Registered Child Care Regulation Updates](#)

### Presentations

Comprehensive Background Clearance requirements as federally mandated in the Child Care Development Block Grant Act of 2014 (CCDBG) presentations:

- [Presentation for Licensed/Registered Child Care Providers](#)
- [Presentation for Legally-Exempt Child Care Providers](#)

### FAQs (updated 10/11/19)

OCFS FAQ on the New Required Comprehensive Background Clearances

- [FAQ for Legally-Exempt Providers](#) ( [En Español](#) )
- [FAQ for Licensed/Registered Providers](#) ( [En Español](#) )

*As always, please feel free to reach out to our staff with any questions you might have. ICP wishes all of you a safe and happy holiday season!*

*Warmest Regards,*

*Christina*

**Upcoming Holidays:**  
**Closed**

December 24 & 25, 2019

December 31, 2019

January 1, 2020

January 20, 2020

February 17, 2020

**Staff Development:**

January 21, 12:30pm-2:30pm

February 25, 9:30-11:30am



**Registrars Corner –**

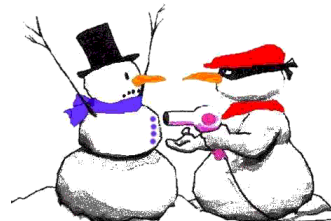
*ICP welcomes back Denise Opet as a Registrar/Inspector!*

Denise rejoined our staff in September and will generally be available on Mondays and Wednesdays. As a reminder, here is the contact information for each of our registrars:

Erica Ward: Erica.Ward@dfa.state.ny.us  
315-343-2344 x10

Denise Opet: Denise.Opet@dfa.state.ny.us  
315-343-2344 x23

Stephanie Keltz: oswcacfp@icpoc.org  
315-343-2344 x24



*ICP welcomes new Family Child Care Providers!*

Jennifer Courtwright, Mexico

Jennifer Howe, Pulaski

Jennifer White, Hannibal

**Winter Weather Driving Tips:**

- SLOW DOWN in slippery conditions as the reduced friction greatly increases the distance needed to stop your vehicle.
- GIVE yourself more space between your car and the car in front of you.
- KEEP gas tank half full.
- Check your wiper blades before it gets snowy to make sure they work appropriately
- Check to ensure tires have good tread and are not bald
- Clean off all snow and ice from your vehicle... even the roof!
- DO NOT use cruise control
- Try not to stop on a hill



**Car Winter Survival Kit Checklist**



Flashlight  
& Extra Batteries



First Aid Kit



Snow Shovel



Ice Scraper  
with Brush



Blankets/Sleeping Bag



Non-Perishable Food  
Granola Bars, Dried nuts, etc.



Bottled Water



Booster Cables



Extra Clothing  
Hats, Mittens, Parkas, Boots



Sand/Kitty Litter  
Used for Traction



Cell Phone  
& Charger



Flares/Triangles  
& other Bright Objects

## Handprint Penguin Craft

### Materials Needed:

- Foam paper
- Scissors
- Glue
- Googly eyes
- Scrapbook paper

Cut out a penguin's body with black foam paper as well as the wings. Take a sheet of orange foam paper and trace your child's hand prints on it. Cut them out, rounding the bottom and gluing them on as the penguin's feet. Add a colorful scarf with scrapbook paper, some eyes, a beak, and he's done!



[www.craftymorning.com](http://www.craftymorning.com)

## Slow-Cooker Vegetable Minestrone

### Ingredients:

- 4 cups vegetable or chicken broth
- 4 cups tomato juice
- 1 tablespoon dried basil leaves
- 1 teaspoon salt
- 1/2 teaspoon dried oregano leaves
- 1/4 teaspoon pepper
- 2 medium carrots, sliced (1 cup)
- 2 medium celery stalks, chopped (1 cup)
- 1 medium onion, chopped (1/2 cup)
- 1 cup sliced fresh mushrooms (3oz)
- 2 garlic cloves, finely chopped
- 1 can (28oz) diced tomatoes, undrained
- 1 1/2 cups uncooked rotini pasta (4 1/2oz)
- shredded parmesan cheese, if desired



Prep time: 15 minutes

Total time: 7 hr 35 minutes

Servings: 12

Recipe Courtesy of:

[www.bettycrocker.com](http://www.bettycrocker.com)

### Steps:

- In a 4-5 quart slow cooker, mix all ingredients except pasta and cheese.
- Cover; cook on Low heat setting 7 to 8 hours.
- Stir in pasta. Increase heat setting to High; cover and cook 15-20 minutes longer or until pasta is tender. Sprinkled each serving with cheese.


## CACFP Corner:



Please contact Stephanie if you are not going to be home during a meal and/or if you are going to be closed! Feel free to send an email [oswcacfp@icpoc.org](mailto:oswcacfp@icpoc.org)

Also, please check to see when you are due for your annual CACFP training. We have 2 renewals scheduled this quarter! - We will be focusing on Infant feeding and the Infant meal pattern, so if you want to make sure you are following CACFP guidelines, then join us in December or January!!

## 2019 Child Care Year End Receipt of Payment

	Provider/Business Name:
	Address:
	Tax ID Number
	Phone Number:

	First	Last
Parent/Guardian Full Name:		
Names of Children In Care in 2019		

Child Care Tuition through:		
Month/Day	through	Month/Day
Total Tuition Paid:                      \$		

Parent Signature:		Date:	
Parent Signature:		Date:	
Provider Signature:		Date:	

OCFS Training Topic Area Key	<ol style="list-style-type: none"> <li>1. Principles of child development</li> <li>2. Nutrition and health</li> <li>3. Child care program development</li> <li>4. Safety and Security, and communication between parent and staff</li> <li>5. Business record maintenance and management</li> <li>6. Child abuse and maltreatment identification and prevention</li> <li>7. Statutes and regulations pertaining to child care</li> <li>8. Statutes and regulations pertaining to child abuse and maltreatment</li> <li>9. Shaken baby syndrome</li> </ol>
CDA Subject Area Key	<ol style="list-style-type: none"> <li>1. Planning a safe, healthy learning environment</li> <li>2. Steps to advance children's physical and intellectual development</li> <li>3. Positive ways to support children's social and emotional development</li> <li>4. Strategies to establish productive relationship with families</li> <li>5. Strategies to manage an effective program operation</li> <li>6. Maintaining a commitment to professionalism</li> <li>7. Observing and recording children's behaviors</li> <li>8. Principles of child development and learning</li> </ol>
Anytime!	<p>These eight <b>free online trainings</b> count toward the 30 hours of required training for any provider or day care employee. A certificate will print out when you have completed a course.</p> <p>Register at <a href="http://www.ecetp.pdp.albany.edu">http://www.ecetp.pdp.albany.edu</a></p> <ol style="list-style-type: none"> <li>1. Preventing Shaken Baby Syndrome (1 hr)</li> <li>2. Preventing Sudden Infant Death Syndrome and Promoting Safe Sleeping (1 hr)</li> <li>3. Keeping Children Safe: Prevention of Lead Poisoning &amp; Other Dangers to Children (1.5 hrs)</li> <li>4. Transportation (2 hrs)</li> <li>5. Managing Challenging Behavior: Birth to 18 Months (1.5 hrs)</li> <li>6. Obesity Prevention (2hrs)</li> <li>7. Emergency Preparedness (1.5 hrs)</li> <li>8. Infant Brain Development</li> </ol> <p>Register at <a href="http://www.nysmandatedreporter.org/default2.html">www.nysmandatedreporter.org/default2.html</a></p> <ul style="list-style-type: none"> <li>• Mandated Reporter Training in Child Abuse &amp; Neglect/Maltreatment Identification (2 hrs)</li> </ul> <p>A listing of other approved online trainings may be accessed at <a href="http://ecetp.pdp.albany.edu/ocfsdlc.shtm">http://ecetp.pdp.albany.edu/ocfsdlc.shtm</a></p>

### December 2019

12/17/2019 6:30-8:30PM	<b>CACFP Renewal</b> <b>Stephanie Keltz</b> <b>Fee: Free</b>	<b>OCFS Topics: 2, 3, 5</b> <b>CEU: 0</b>
	<p>Reminder: Currently participating CACFP providers must attend a CACFP Renewal training once a year to continue on the program. Please check the date of your last CACFP Renewal training certificate to determine if you are due to attend. This Renewal training is for <b>CACFP participating providers only</b>.</p>	

With the adverse weather that we experience in Oswego County, the distance many travel to attend trainings, and the holiday celebrations, school breaks, and various agency dates of closure for upcoming holidays and staff developed listed on page 2 of the newsletter, the training schedule is lighter for the upcoming quarter. However, we are attaching a gift certificate as a token of our appreciation during this holiday season for you, or one of your staff to use for an upcoming training. Gift certificates are good for the 2020 calendar year for trainings held by ICP and will expire December 31, 2020.

## Happy Holidays from the Staff at ICP!



## January 2020

1/9/2020 6:30-8:30PM	<b>Immunizations and Related Regulations</b> <b>Diane Oldenburg, Health Department</b> <b>Fee: \$10.00</b>	<b>OCFS Topics: 2, 7</b> <b>CEU: 0</b>
	We will discuss the current news and trends in vaccine preventable disease along with the latest changes in immunization regulations and how they impact child care.	
1/14/2020 6:30-8:30PM	<b>CACFP Renewal</b> <b>Stephanie Keltz</b> <b>Fee: Free</b>	<b>OCFS Topics: 2, 3, 5</b> <b>CEU: 0</b>
	Reminder: Currently participating CACFP providers must attend a CACFP Renewal training once a year to continue on the program. Please check the date of your last CACFP Renewal training certificate to determine if you are due to attend. This Renewal training is for <b>CACFP participating providers only</b> .	
1/23/2020 6:30-8:30PM	<b>Oral Health (First Hour)</b> <b>Emergency Preparedness (Second Hour)</b> <b>Sonia Robinson, Health Department</b> <b>Fee: \$10.00</b>	<b>OCFS Topics: 1, 2, 4</b> <b>CEU: 0</b>
	Oral Health - The number one dental problem among preschoolers is tooth decay. Dental decay in baby teeth can negatively affect permanent teeth and lead to future dental problems. Learn the basics of Oral Health and how to teach good dental habits to the kids in your care. Emergency Preparedness - Living in CNY are you prepared to live without power, lights, electricity, heat, AC, oil, gasoline? Do you know how to shelter in place? Do you have an evacuation plan? Learn the basics of preparedness and how to build an emergency preparedness kit.	
1/28/2020 5:30-8:30PM	<b>CPR and First Aid</b> <b>Laurie Tice, RN</b> <b>Fee: \$60.00</b>	<b>OCFS Topics: 2, 4</b> <b>CEU: 0</b>
	This American Heart Association training includes infant, children, and adult CPR and First Aid. You will earn a 2-year certification upon completion.	



## February 2020

2/5/2020 6:30-8:30PM	<b>Supporting Parent &amp; Infant /Toddler Relationships</b> <b>Tessa Bolia</b> <b>Fee: \$10</b>	<b>OCFS Topics: 1, 4</b> <b>CEU: 0</b>
	This training will focus on how the early childhood professional can support infants and their families through respectful partnering with the parent/guardian and empowering the family to be involved in their child's daycare experience.	

## IMPORTANT TRAINING POLICY REMINDER

*(this does not include SUNY Video Conferences)*

- **Pre-Registration** *Payment and registration form must be received at least 5 business days prior to the date of your workshop(s).* Please fill out a registration form for each person. We accept payment by check, money order, or signed EIP award. We also accept cash if you register in person at our office. Registrations **are not** accepted without payment.
- **Late Registration and Walk-in** Payments **will not** be accepted at the door. You may be asked to wait to be certain there is space available and then you will register as a walk-in. You will be invoiced for the training and a \$3 walk-in fee will be included. Your training certificate will be mailed after receipt of payment.
- **Refunds** in the form of coupons for future trainings are granted for cancellations made at least 3 business days prior to the training date. **Please note**, we are not able to refund fees for CPR and First Aid classes even with 3 days notice as seating is limited and demand is high. If you wish to cancel 3 days prior to a training, please call Donna at 343-2344, extension 18. If there are extenuating circumstances to be considered, you may contact the Executive Director at extension 19.

### TRAINING REGISTRATION

1. **Select trainings:** Review the trainings listed in this newsletter. Select the trainings you wish to attend and check the appropriate box. Complete the form at the bottom of the page.
2. **Make payment:** Before returning this registration form to the Child Care & Development Council, be sure to enclose the appropriate payment. ***Checks should be made to: ICP of Oswego County, Inc.*** You must return this registration form even for the workshops listed as "Free."
3. **Mail completed form:** You will only be registered for classes with our receipt of this form & payment.

	<u>Date</u>	<u>Class</u>	<u>Fee</u>
___	12/17	CACFP Renewal	Free
___	1/9	Immunizations & Regulations	\$10.00
___	1/14	CACFP Renewal	Free
___	1/23	Oral Health/Emergency Preparedness	\$10.00
___	1/28	CPR/First Aid	\$60.00
___	2/5	Parent & Infant Relationships	\$10.00

\*\*\*\*Please note that we will be adhering to the above training registration policy regarding the deadline for receipt of registration form and payment where applicable. Late registrations will not be accepted.\*\*\*\*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Center: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Total amount enclosed: \_\_\_\_\_

Type of Care;

Legally Exempt ☐ Family Day Care ☐ Group Family Day Care ☐ Child Care Center ☐ SACC ☐

Mail form and payment to: **Child Care & Development Council**  
**317 West First St., Suite 111, Oswego, NY 13126**

# Child Care & Development Council

*"Your Local Resource as They Grow"*



Office Hours: Monday – Friday 8:30am – 4:30pm

Phone: (315) 343-2344 Fax: (315) 343-0442

**A Division Of:**



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